

From Troubles to Triumphs

Sponsored by Dorothy & Associates
2190 Morningside Drive, Emporia, KS 66801
1-888-836-7684 or
1-620-341-9878

This Seminar Will Help You:

- √ Get smarter in every part of your life
- √ Move beyond wishful thinking and worrying
- √ Evaluate what other people have told you
- √ Clarify what you *really* want
- √ Learn to ask the right questions
- √ Start living to your fullest

Program Description

We encounter troubling situations that require us to problem solve and yet so often we react with an emotional outburst or we say nothing at all. In this seminar you will learn to solve problems by applying skilled and creative thinking. You will learn strategies to move beyond difficult situations and make things better for yourself, your patients/clients, and your organization.

Objectives

Upon completion of the seminar, you will be able to:

1. List two or more components of thought/reason;
2. Identify two or more elements that ensure you understand and are understood;
3. Identify two or more characteristics of a fair/ethical thinker;
4. List two or more blocks to creative thinking;
5. Identify three or more strategies to increase your creativity; and
6. Apply skilled and/or creative thinking to at least one difficult situation.

Agenda

7:45 Registration

8:00 Your Thinking Matters!

- *Normal vs. Skilled Thinking
- *Top 10 Ways *Not* to Get What You Want
- *20 Benefits of Skilled Thinking
- *Are YOU a Skilled Thinker?
- *Discovering How to Think Smarter

*Making Sure You Understand and are Understood

*To What Degree are You a Thinker with:

*Humility, Autonomy, Integrity,
Perseverance, Reason, Empathy, Courage*

*Applying Skilled Thinking to:

*Difficult Patients/Co-Workers,
Making Money, Exercise, Reducing Debt,
Diets, Staff Shortages, Health Care Reform,
Overtime, Heavy Case Loads, Staying Late, Holiday Work*

12:00 Lunch (On Your Own)

Solving Problems Creatively!

*Busting Negative Attitudes, Myths, and Mental Blocks

*Becoming Positively Creative!

*Produce Alpha Waves (RELAX), Ask Questions (Including SCAMPER),
Exercise Your Brain, Cultivate Your Intuition*

*Applying Creative Thinking to:

*Reduce Age-Related Losses,
Lift Your Spirit,
Cut Costs, Reduce Pain,
Improve Employee Morale*

3:30 Adjourn

Speaker

Dorothy Yeager, M.S., is a professional speaker, facilitator, grant writer/reviewer, author, wife and mother. She has a Master's Degree in Adult Education and is certified in Family and Consumer Sciences by the American Association of Family and Consumer Sciences. Dorothy blends her knowledge with the arts (music, poetry, and short stories) to not only educate but to inspire her audiences.

Dorothy has presented more than 600 seminars to health professionals that include: *Health Professionals Have Feelings, Too! Thriving Among Difficult People*, and *The Gifts of Humor & Touch*.

Dorothy, described as the *caregiver's caregiver*, has presented at many state and national conferences including the Kansas City University of Medicine and Biosciences Homecoming CME Conference. Her warm and compassionate style makes her a favorite with audiences throughout the United States.

Contact Hours

7-RN, LPN

6-Social Work

6-Mental Health Practice, Occupational Therapy, Physical Therapy,
Respiratory Care (NE)

6-Adult Care Administration (KS)

Continuing Education Credit

Dorothy & Associates is approved as a provider of continuing education by the Kansas State Board of Nursing. This course offering is approved for seven contact hours applicable for RN and LPN relicensure. Provider Number: SP1153-0911

The Nebraska Board of Nursing accepts this program for 7.0 peer reviewed contact hours.

This seminar has been approved for six hours of credit for Adult Care Home Administrators by the Kansas Department of Health and Environment.

This seminar has been approved for six hours of continuing education credit for social workers by the Kansas Behavioral Sciences Regulatory Board. Approval Number: SP09-007

This program meets the Nebraska criteria for an approved continuing education program for 6.0 hours in mental health practice and social work.

The Nebraska Boards of Physical Therapy, Occupational Therapy, and Respiratory Care do not pre-approve continuing education. It is the responsibility of the licensees/certificate holders to make sure they are taking courses that meet the standards for continuing education by their respective boards.

“This activity has been designed to meet the Minnesota Board of Nursing continuing education requirements. The activity has been approved by the Kansas State Board of Nursing. However, the nurse is responsible for determining whether this activity meets the requirements for acceptable continuing education.

The Minnesota Board of Examiners for Nursing Home Administrators has approved this program for six clock hours for nursing home administrators

Tuition

\$89.00 (Includes seminar, handouts, and coffee)

(Returned check fee of \$30.00)

Refund Policy

You may cancel your registration up to 72 hours before the seminar. Your registration fee will be refunded less a \$15.00 processing fee. Substitutions are welcome at anytime. Seminars cancelled due to “acts of God” will be rescheduled and refunds will not be issued. Under no circumstances shall Dorothy & Associates be liable for a refund to an attendee for any sum in excess of registration actually paid.

Tax Deduction

All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain and improve professional skills may be tax deductible according to Treasury Regulation 1.162.5 Coughlin vs. Commissioner, 203 F2d 307. See your tax accountant for details.

Pre-Registration Form (Print this form and pre-register in one of the three ways listed.)

Pre-Register in One of Three Ways

1. Call 1-888-836-7684 or 1-620-341-9878 between 9:00 a.m. and 6:00 p.m. Monday through Friday and pay with your Visa or MasterCard;
2. Complete the following information and mail to Dorothy & Associates, 2190 Morningside Drive, Emporia, KS 66801;
3. Complete this form (including credit card or purchase order information) and fax to 1-620-341-9878.

Date of Seminar You Will Be Attending:_____

Location of Seminar You Will Be Attending:_____

Name:_____

Occupation:_____

License Number (for Kansas health professionals):_____

Address:_____

City/State/Zip:_____

Home/Cell Phone:_____

Work Phone:_____

Payment Information:

_____ Check enclosed for \$89.00 payable to Dorothy & Associates

_____ Purchase order attached: # _____

_____ Credit/Debit \$89.00 to: _____ Visa or _____ MasterCard

Credit/Debit Card Number:_____

Expiration Date:_____

Signature:_____

Credit Card Billing Address if Different From Address Above:

Registration is confirmed unless otherwise notified. Advance registration is required, including payment. Enrollment is limited.

*Thank You and See **You** Soon!*

This entire seminar is copyrighted. No audio recording or videotaping, please.

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